

Nourish Your Soul Heart-Opening Cacao Ceremony & Concert: A Journey Within



with Bianca Aristía

Imagine an evening where the world slows down, and you can connect deeply with yourself and others in a space filled with warmth, love, and authenticity. This is what awaits you at my Heart-Opening Cacao Ceremony & Concert—a sacred gathering designed to guide you on a profound journey within, enveloped by the soothing embrace of live music.

Your Heart's Desire:

In today's fast-paced world, many of us yearn for moments of stillness and connection. We crave experiences that allow us to slow down, to just be rather than constantly doing. This ceremony is for those who seek to reconnect with their inner world, to release pent-up emotions, and to find joy and peace within their hearts.



My Intention:

At the heart of this ceremony is my intention to create a space of unity and oneness with the universe. Here, you are invited to connect deeply with your emotions, in a space where authenticity is celebrated. This is more than just an event; it's a nurturing space where deeper connections are formed, where every individual is seen, heard, and embraced.

The Experience:

As you step into this sacred space, you'll be enveloped in a feeling of warmth and coziness, like the embrace of a loving mother. It's a place where you're not just an individual, but a part of something greater—a community bound by love and mutual respect. The ceremony feels like pure love, as if the universe itself is holding you close, whispering that you belong.

What to Expect:

- **Guided Meditation:** Begin your journey with a gentle meditation that brings you into the present moment, allowing you to ground and center yourself.
- **Ceremonial Connection:** Connect with the cosmos, the spirits of nature, and the sacred essence of mama cacao. This ceremony honors ancient traditions and invites you to experience a profound connection to the natural world.
- **Heart-Opening Live Music:** Let the live music guide your heart to open wide, channeling emotions that uplift and elevate your spirit. Each note is a step closer to inner peace and unity with all that is.

About Me:

For over three years, I have been holding cacao ceremonies in Tenerife and around the world, sharing the sacred tradition I learned during a deep dive into the jungles of Guatemala. There, I connected with the sacred cacao trees and the wisdom of the Maya elders, learning the ancient practices that infuse every ceremony I hold today.

With decades of experience in channeling emotions through music, my intention is to touch hearts and elevate spirits, creating a space where you can truly be yourself, connect deeply with others, and leave feeling more joyful and connected to the world around you.

Join Me:

This is an invitation to slow down, reconnect, and be part of a loving community. Come and experience the warmth, the music, and the sacredness of this heart-opening cacao ceremony. Let's journey together towards inner peace, joy, and unity.

For booking inquiries and more information, please contact biancaaristia@gmail.com

Listen to Bianca's music here:

[Beautiful Connection, It's Okay](#)
(Acoustic Session)

