

**VOICE
ACTIVATION**
Workshop
with Bianca Aristía



Unlock the power of your voice and connect deeply with yourself and others in our transformative Voice Activation Workshop. Led by singer-songwriter and voice healer, Bianca Aristía, this workshop offers a unique opportunity to explore the healing potential of your voice in a safe and supportive environment.

Why Join?

- **Discover Your Voice:** Uncover the richness of your authentic expression and find confidence in sharing it with others.
- **Heal Through Sound:** Release and process emotions through the powerful practice of sounding, allowing energy to flow freely through your body.
- **Create Connection:** Experience the profound connection that comes from singing together, breaking down barriers and building trust.
- **Safe Space:** Dare to let your voice be heard in a welcoming, non-judgmental space where you can fully be yourself.
- **Authentic Self-Expression:** Embrace your true voice and express yourself authentically in a nurturing environment that supports your personal growth.
- **Emotional Upliftment:** Leave feeling blissful, uplifted, and more connected to your true self and those around you.

- **The Power of Voice Healing** Your voice is more than just a tool for communication; it's a gateway to emotional release, authentic self-expression, and spiritual connection. In this workshop, Bianca will guide you through techniques that tap into the therapeutic qualities of sound, helping you to heal, rejuvenate, and align with your inner truth.



Together with the other participants, you'll create a symphony of voices that harmonize with Bianca's self-composed voice activation songs—melodies that will stay with you long after the workshop ends, leaving an enduring sense of connection and joy. Whether you're looking to overcome the fear of singing in a group, connect with others on a deeper level, or simply discover the joy of your own voice, this workshop is for you. Join us for an uplifting and soul-nourishing experience that will leave you feeling more connected, more confident, and more alive.

About Bianca Aristia

Bianca Aristía is a singer-songwriter and voice healer who is passionate about helping people discover the transformative power of their own voices. As a quarter-finalist on The Voice of Germany and holding a Bachelor's degree in Voice, Bianca brings a wealth of expertise to guide you through the process of unlocking your vocal potential.

With decades of experience channeling her emotions into music, Bianca understands the profound connection between singing and personal expression. She is here to guide you toward finding your own unique expression through your voice, helping you tap into your authentic self and share it with the world.

With her gentle guidance, you'll feel welcomed and included as you embark on this journey of self-discovery, authentic expression, and connection.

Don't miss this chance to awaken your voice, express your true self, and elevate your spirit. We look forward to singing with you!



**For booking inquiries and more information, please contact
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